

**New Skin Medical**  
James C. Sherman M.D.  
Kybella (Deoxycholic Acid) Treatment

**Patient Pre/Post-treatment Instructions**

**Pre-Treatment Instructions**

You should not be pregnant, nursing, have a history of a bleeding disorder or infection of the area to be treated. Please inform your physician if you take any blood thinners or aspirin. Also, if you have a history of any issue with lidocaine or epinephrine.

**Post-treatment Instructions**

Ice packs may be used to the treated area during the first 12 hours  
ice for 15 minutes every hour

**Do Not Massage** the injected site

You may take ibuprofen if tolerable, take 200 mg 3 times daily for the next 4 days.

**Avoid heavy exercise** the day of treatment

Notify our office if any significant swelling, bleeding, pain, discoloration, difficulty swallowing or smiling, or fever.

Additional Instructions:

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If you have any questions please contact New Skin Medical  
**Phone Number: 706-836-0951** Contact at Clinic: **Christina**